



YMCA Camp Loma Mar

Welcome to Summer Family Camp

Dear Family Camp Participant,

Thank you for registering for Family Camp at YMCA Camp Loma Mar!

We are excited that you have chosen our program for your family's camping experience and are looking forward to spending a few days with you!

The Family Camp schedule is designed to offer your family time to relax and enjoy our beautiful Redwood forest while also giving you the opportunity to make new friends should you choose. We practice "Challenge by Choice" at Camp Loma Mar, and we sincerely hope you will take opportunities with your family to try new things and meet new people.

To ensure you are well prepared for camp, we ask that you thoroughly review this packet and keep it handy for reference. If you have any questions about the program, feel free to **contact our camp administrator at clminfo@ymcaeastbay.org**.

Again, thank you for choosing to participate in Family Camp at YMCA Camp Loma Mar. We look forward to a fun, safe, and enjoyable weekend with you!

Cheers!
YMCA Camp Loma Mar



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Family Camp Packing List

WHAT TO BRING:

Each member of your family will need these items:

- Face coverings for all family members
- Sleeping bag or bedding
- Pillow
- Toiletries (soap, shampoo, toothbrush, etc.)
- Towel
- Hat and/or Sunglasses
- All weather clothing—mornings and evenings can be brisk
- Closed-toe shoes (sneakers, boots, etc.)—required for climbing wall
- Warm & Waterproof Outerwear (jacket, coat, poncho, etc.)
- Water bottle
- Sleep wear
- Bathing suit (for pool and/or creek)—**Pool not guaranteed this family camp**
- Flashlight
- Personal medication and/or vitamins
- White cotton item for tie dye
- Old closed-toe shoes to walk in
- Hand Sanitizer
- Your own Clorox Wipes

Other recommended items:

- Sunscreen
- Bug repellent—mosquitos have been fairly active lately
- Ear plugs (snoring happens)
- Musical Instruments
- Cards & Games
- Special equipment for small children (booster chairs, toys, etc.)
- Camera
- Reading Materials
- Personal Equipment (binoculars, camp chairs, etc.)
- Camp Store Money
- Extra Blanket

WHAT NOT TO BRING:

Please refrain from bringing these items to camp:

Pets / Alcohol / Weapons / Irreplaceable items—use discretion



YMCA Camp Loma Mar

Important Information — Summer Family Camp

Mission and Philosophy: We are committed to providing a complete experience for the entire family. Our program encourages growth of values and skills in each individual camper, as well as building community through relationships at camp. One of the core concepts we work with is the idea of creating a “safe place”. Camp Loma Mar is a setting that is physically safe and free from danger; is emotionally safe and free from the harm of racial and cultural intolerance; and spiritually safe, where everyone is free to explore their spirituality without fear of embarrassment or harassment.

Health at camp: For the health of all campers, ***we cannot allow campers with the following symptoms:***

- Fever with chills
- Shortness of breath / difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Congestion or runny nose
- Diarrhea
- Cough
- Fatigue
- Headache
- Sore throat
- Nausea or vomiting

Parking: When you arrive to camp, you will be able to drive close to your cabin to unload your belongings. Afterwards, families located in Redwood Village may park behind the Dining Hall and families located in Oak Village may park behind the Legacy Lodge. Overflow parking is available around camp.

Supervision: You are responsible for the supervision of your children. Children under 7 will need to be with an adult from their group at all times, older children are allowed to move from activity to activity on their own; however, we recommend that they travel with a buddy. Please remember that specific activities are scheduled for each family at a designated time while others are drop in.

Health Care at Camp: Basic First Aid supplies and services will be available in camp. Contact camp staff if you have any first aid needs. Camp Staff are trained in CPR/First Aid/AED and can address minor medical needs. In case of serious accident or injury, local Emergency Medical Services will be utilized or you may go to the closest hospital. We will place hand sanitizer in strategic locations around camp. We highly encourage you to bring your own hand sanitizer and use it frequently. We also highly encourage you to thoroughly wash your hands routinely. YMCA staff also have their own specific requirements that we will follow.

Smoking/Alcohol/Drugs/Weapons: In keeping with the theme of the weekend, as well as the mission of the YMCA, we do not allow alcohol, drugs, or weapons at camp. We strongly discourage smoking at camp, and if you must smoke, you will need to do so in the designated smoking area. In addition, due to the fire danger at camp, no open flames are allowed for any purpose.

Arrival: Check-in is between 4-6pm on Friday. Of course, if you need to arrive later, just let us know. We will accommodate. Dinner on the night of your arrival will be your own. You can grab food at several locations around Pescadero. We recommend the Loma Mar Store just down the street. They provide locally sourced options. Upon check-in you will receive your cabin assignment and schedule.

Departure: Check-out is by noon. Breakfast will be the last meal provided.

Cabins/Sleeping Arrangements: Cabins have bunk-bed style beds. Our cabins have between 8-12 beds each. Families will be split between both Redwood and Oak Villages. Cabins have electricity and heat. Wifi is limited around camp, so please plan accordingly.

Please note: You will need to bring your own linens. We recommend a sheet to be placed over the mattress and then a sleeping bag on top. You can refer to the packing list for further details.

Bathhouses: Each village has a bath/shower house. Each bathhouse has two sides, a male identifying side and female identifying side. Each side contains 3-4 showers, 3-4 sinks, and 3-4 toilets/urinals. Bathhouses will be cleaned prior to arrival and throughout your stay. In addition, we ask each family help us maintain a clean environment in the bathhouses.



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Meals: We provide balanced, nutritious meals at Camp Loma Mar. **If you have any food allergies or dietary needs** (i.e. vegetarian/vegan), please email epayne@ymcaeastbay.org or call (650) 879-2103. If you've already let us know about your dietary needs, we have you covered. Food will be served buffet style. Just come to the dining hall and make your way through the line. Your family is free to eat inside the dining hall or picnic anywhere on our grounds (please avoid eating in cabins as it does attract furry critters). We will provide coffee in the morning during breakfast. That's your time to stock up. You are also welcome to head into Pescadero to eat at one of our local restaurants or coffee shop. If you plan to do this, let us know in advance so we can change our meal prep plans. Here is a quick list:

- Duartes Tavern — great artichoke soup
- Gas Station — oddly enough, they have awesome Mexican food — cash only
- Downtown Local — coffee shop
- Sante Arcangeli — wine tasting
- Norm's Market — deli sandwiches, they also have great artichoke bread
- Harley Farms — locally made goat cheeses and THEY HAVE GOATS!
- Loma Mar Market — made to order food

Activities: We schedule each family their own time at our more time-sensitive activity areas. Please note, we may schedule your time with another family. If your family is attending camp with another family and you would like to be placed in the same activity group, please let us know. Scheduled activities will include Rock Wall and Zip Line. Drop in activities will include Archery, Tie Dye (bring your own white cotton item), Slingshot Paintball, guided hikes around camp, and the pool. In addition, we will have our Arts and Crafts area, Legacy Lodge game room, play fields, bouldering wall, and disc golf course for your use throughout the weekend. Please bring your own frisbees/discs for disc golf as we have a very limited supply. As always, you are welcome to enjoy Camp Loma Mar's two beach areas located down by the creek (**no YMCA lifeguard will be present at the creek**).

We border Memorial Park & Pescadero Creek County Park and encourage you to take some time to explore their trails. Our main trail at camp connects to the park and we are happy to point out the trailhead to you. We also encourage you to check out our local beaches in Pescadero.

Camp Store: Camp T-shirts & souvenirs will be available for purchase. We take cash, checks, and credit cards.

Weather: Summer and Fall at Camp Loma Mar is typically mild. Days may be warm and sunny but mornings and evenings can be chilly and misty. We recommend you bring clothing to layer and allow for these changing weather patterns.

Thank you for registering for Family Camp this year and we'll see you soon!

DIRECTIONS:

From Highway 1: From Half Moon Bay travel south on Hwy 1 for 17 miles. Turn left on Pescadero Rd. (turns into Pescadero Creek Road) and travel 9.7 miles or 17 minutes to the YMCA Camp Loma Mar entrance on right side.

From Bay Area: Hwy 280: Exit at Woodside Rd. (Hwy 84) heading west through the town of Woodside. Cross over Skyline Blvd. (Hwy 35) and continue traveling west on Hwy 84 (now La Honda Rd) to the town of La Honda. Drive 1 mile past La Honda. Turn left onto Pescadero Creek Rd. After 1 ½ miles there will be a fork in the road and a very sharp turn. Bear right uphill and travel another 6 miles to the YMCA Camp Loma Mar entrance on your left.

From East Bay Area: Take 880 to Hwy 92 West through to Half Moon Bay. Turn left onto Hwy 1 and follow it for 17 miles. Turn left on Pescadero Creek Rd. and travel 9.7 miles or 17 minutes to the YMCA Camp Loma Mar entrance on the right side. From San Francisco: You can take Hwy 1 all the way from SF to Pescadero Creek Rd. and follow the directions from Hwy 1. Last gas available is in Woodside, Half Moon Bay, Pescadero & Skyline Blvd (Hwy 35).



YMCA Camp Loma Mar Summer Family Camp Registration

Primary Adult's Name		Last	Date of Birth
Address		City	
State	Zip	Email	
Home Phone	Work Phone	Emergency Contact	

Name and age of additional family members: _____

List any known allergies and/or health conditions that may need accommodations while onsite:

Rates:

Memorial Day & Labor Day (3 nights)

- Up to 4 people — \$285/person
- 5th person — \$270
- 6th person — \$255
- 7th person — \$240
- 8th person — \$225

Mini Sessions, End of Summer, Neurodiverse, & Halloween (2 nights)

- Up to 4 people — \$200/person
- 5th person — \$190
- 6th person — \$180
- 7th person — \$170
- 8th person — \$160

# of Family Members	CIRCLE Your Preferred Date	Total Fees (# Participants X Cost/Person)
	Memorial Day / May 23–26	
	Summer Mini Camp Session 1 / June 29–July 1	
	Summer Mini Camp Session 2 / July 2–4	
	End of Summer / August 8–10	
	Labor Day / August 29–September 1	
	Neurodiverse / September 19–21	
	Halloween Session / October 24–26	
Balance due one week prior to camp		

Payment/Refund Policy

A \$100/per family non refundable deposit will be kept for last minute cancelations. Incomplete registration forms will not be processed. Full refunds will be given should camp be closed due to do unforeseen circumstances

I understand agree w/ the payment/refund — PLEASE SIGN

Payment Information

We accept checks, money orders, and credit/debit cards (Visa / MC / Discover / Amex)

- Pay Non-refundable Deposit Only Pay Full Balance of Fees

CC# _____ Exp Date ____/____/____

Cardholder: _____ Billing Zip _____

Photographic Waiver/Consent

I give my permission to the YMCA of the East Bay to use my picture or other likeness, or a picture of other likeness of any of my children in the YMCA's general publicity and campaign materials.



YMCA of the East Bay

Waiver of Liability and Indemnity Agreement

Camp Loma Mar Climbing Wall/Zipline

Assumption of Risk I understand that participation in the Climbing Wall/Zipline (“Recreational Activity”) and the use of YMCA of the East Bay (“YMCA”) facilities and equipment carries inherent risks and dangers that cannot be eliminated regardless of the care taken to avoid injury. The risks include but are not limited to falling off the climbing wall or zipline, rope abrasion, rope entanglement, injuries resulting from fallen climbers or dropped items, equipment failure of ropes, slings, bolts, chains, climbing hardware, anchor points, or failure of any part of the climbing wall structure or zipline structure. These risks may result in injuries that include, but are not limited to cuts, eye injuries, blindness, broken bones, concussions, joint or back injuries, paralysis, and death, as well as damage or loss of personal property. I also understand that these risks and dangers might arise for a variety of reasons, including, but not limited to, actions, inaction or negligence of other parties or the YMCA. I further understand that there may be other risks and dangers that are not known to me or reasonably foreseeable at this time. By my signature below, I acknowledge that participation in the Recreational Activity is voluntary and that I knowingly assume any and all risks, known and unknown.

Waiver and Release of Liability In consideration of being permitted to participate in the Recreational Activity, I, for myself, my spouse, my child(ren), my heirs, personal representative, next of kin, and assigns, voluntarily agree to release, waive, discharge, and covenant not to sue the YMCA and their officers, directors, agents, volunteers, and employees from any and all liabilities for any accident, illness, injury, death, wrongful death, or property damage/loss arising out of my participation in the Recreational Activity and/or use of the facilities and equipment (along with the use of transportation provided, arranged, or paid for by the YMCA, including such transportation for medical treatment), whether occurring on or off the Released Parties’ property, and whether such accident, illness, injury, death, wrongful death, or property damage/loss is caused by the negligence of the Released Parties (excepting gross negligence) or otherwise.

Indemnity Agreement In consideration of being permitted to participate in the Recreational Activity, I voluntarily agree to indemnify and hold harmless the YMCA and their officers, directors, agents, volunteers, and employees from any and all claims, demands, liabilities, causes of action, costs and expenses (including attorneys’ fees) brought as a result of my participation in the Recreational Activity and/or use of the YMCA’s facilities and equipment (along with the use of transportation provided, arranged, or paid for by the YMCA, including such transportation for medical treatment), whether caused by the negligence of the YMCA (excepting gross negligence) or otherwise.

Severability I understand and acknowledge that this Agreement is intended to be as broad and inclusive as permitted by law. If any portion of this Agreement is deemed invalid, it is agreed that the remaining portion of the Agreement shall continue in full legal force and effect.

There is no specified minimum/maximum age for participants. Determination as to who can and cannot use the climbing wall and zipline will be made based on weight requirements of the harnesses and at the discretion of the staff and based on the requirement that the harness must fit participant securely.

Minor Participants If the Participant is under 18 years of age, the Participant’s custodial parent or legal guardian must sign below, warranting that he or she is the Participant’s custodial parent or legal guardian and agreeing to the terms and conditions of this Agreement on both his or her and the Participant’s behalf. Parent or legal guardian acknowledges by their signature that they are giving up the same rights for the minor as they would be giving up if they signed this Agreement on their own behalf.

I have read this Agreement and understand that **I am giving up substantial rights by signing this Agreement and do so voluntarily and intend my signature to be a complete release of any and all liability of the Released Parties to the greatest extent allowed by law.** I also understand that this Agreement is legally binding on me and my child, spouse, heirs, personal representatives, assigns, and next of kin.

Participant’s Name	Date of Birth
Participant’s Signature	Date
Parent/Guardian’s Signature (If Participant is a Minor)	Date
Parent/Guardian’s Printed Name	



YMCA of the East Bay

Member/Children Release and Waiver of Liability and Indemnity Agreement

IN CONSIDERATION of being permitted to utilize the facilities, services and programs of the YMCA (or for my children to so participate) for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any off-site program affiliated with the YMCA, the undersigned, for himself or herself and such participating children and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgment that such premises and all facilities and equipment thereon and such affiliated program have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation by the undersigned and such children.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY OFF-SITE PROGRAM AFFILIATED WITH THE YMCA, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED ON HIS OR HER BEHALF AND BEHALF OF SUCH CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the YMCA and all branches thereof, its directors, officers, employees, and agents (hereinafter referred to as "releasees") from all liability to the undersigned or such children and all his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefor on account of injury to the person or property or resulting in death of the undersigned or such children whether caused by the negligence of the releasees or otherwise while the undersigned or such children is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA.
2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any, loss, liability, damage or cost they may, incur due to the presence of the undersigned or such children in, upon or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA whether caused by the negligence of the releasees or otherwise.
3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE to the undersigned or such children due to negligence of releasees or otherwise while in, about or upon the premises of the YMCA and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with the YMCA.

THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

I HAVE READ AND UNDERSTAND THIS DOCUMENT AND RELEASE.

Date: _____ **Signature of Applicant/Parent:** _____

Signature of other Adult: _____

Child in Program: _____

Child in Program: _____

Child in Program: _____

Child in Program: _____