



# GREAT SUMMERS START HERE!



**YMCA OF THE EAST BAY**  
**Youth Summer Day Camp 2022**  
**Albany, Castro Valley, Fremont,**  
**Mt Diablo & San Ramon**

# WHY CHOOSE THE Y CAMP?

## **TAKING CARE OF CHILDREN IS WHAT WE ARE ALL ABOUT!**

Developing young minds and bodies into the successful, caring and responsible adults of the future is our focus.

## **HIGHLY QUALIFIED, EXPERIENCED & ENTHUSIASTIC STAFF!**

We invest heavily in recruitment and training of the best role models for children.

## **CREATIVITY, FUN & EXPLORATION!**

Our curriculum blends daily enrichment with time for the exuberance and freedom of exploring the outdoors.





# YMCA OF THE EAST BAY GENERAL INFORMATION

## YMCA CHILD CARE DISCOVERY CAMP

The YMCA Child Care locations will host a Discovery Camp Program for children entering grades K-5, (Fremont entering grades K-6). The main room will transform into a Summer Discovery Center with unique enrichment activities throughout the day. Details about weekly themes and activities will be available before each session.

Each week will start off with songs, skits, themed activities, and then culminates with a grand-finale “carnival” on Friday where campers will enjoy a variety of activities such as relay races, contests, water games, and creative games they prepare for throughout the week. All camps will engage in games and activities that center around science, mathematics, and reading to minimize summer learning loss.

## TYPICAL DAY FOR YMCA SUMMER CAMP

|                |   |
|----------------|---|
| 7:00–9:00am    | Sign-In, structured free-play                                     |
| 9:00–9:30am    | Camp opening-songs and orientation<br><i>(Please be on time!)</i> |
| 9:30am–12:00pm | Group Activities—games, arts & science, drama                     |
| 12:00–1:00pm   | Lunch   |
| 1:00–3:30pm    | Group Activities—games, arts & science, drama                     |
| 3:30–4:00pm    | Snack   |
| 4:00–6:00pm    | Sign out, structured free-play                                    |

## HOURS

Monday–Friday 7:00am–6:00pm  
Alamo/Golden View 6:30am–6:30pm & Cornell 7:30am–6pm

## RATES

5 Day Week: \$310

## WEEKLY THEMES

Themes provide a great way for children to find common ground and make friends. Each week will include dress up days and Carnival Fridays. The campers will make art projects surrounding the theme to get into the groove!

| WEEK    | THEME              |
|---------|--------------------|
| WEEK 1  | Animal Planet      |
| WEEK 2  | Technology         |
| WEEK 3  | Around the World   |
| WEEK 4  | Fantasy            |
| WEEK 5  | Going Green        |
| WEEK 6  | Time Machine       |
| WEEK 7  | Under the Sea      |
| WEEK 8  | Pirates            |
| WEEK 9  | The Great Outdoors |
| WEEK 10 | Outerspace         |

## FIELD TRIPS

At the Y we're proud to be adventurous, to go out and explore the world around us, and to learn new things. We take trips that are educational, exciting, fun and outdoors. Our emphasis is always on safety, and we maintain strict staff ratio's on each trip we attend. Field trips are included in session fees. Children will be provided with a YMCA shirt that should be worn on field trip days.

Children should be dropped off at the child care site by 9:00am on field trip days. Transportation is made by school bus. Our goal is to be back at the child care sites by 5:00pm on field trip days, but please understand this time could change depending on traffic.

Check with your Site Director For the Field Trip Calendar as we get closer to summer!

## SUMMER LEARNING WITH STEM

This summer, campers will participate in unique and fun opportunities to keep them learning all summer long. Each camper will be given a summer writing journal and reading log, and will love the prizes they can earn for doing activities they will enjoy. Our goals in the summer learning program include:

- Children see learning as a fun way to grow and experience new concepts
- Children return to school having retained their learning from the previous year

## SPORTS

In line with the YMCA's guidelines on physical activity, each child will have the opportunity daily to engage in structured and unstructured outdoor play time. Our staff are trained to facilitate games, activities and sports so kids have fun and learn a life-long love of physical activity.



# YMCA OF THE EAST BAY Registration Information

## SCHEDULES AND FEES

### ALBANY UNIFIED SCHOOL DISTRICT

#### Weekly Sessions and Drafts

|         |                |                   |
|---------|----------------|-------------------|
| Week 1: | June 13-17     | Drafted June 6th  |
| Week 2: | June 20-24     | Drafted June 13th |
| Week 3: | June 27-July 1 | Drafted June 20th |
| Week 4: | July 5-8       | Drafted June 27th |
| Week 5: | July 11-15     | Drafted July 4th  |
| Week 6: | July 18-22     | Drafted July 11th |
| Week 7: | July 25-29     | Drafted July 18th |
| Week 8: | August 1-5     | Drafted July 25th |

### CASTRO VALLEY UNIFIED SCHOOL DISTRICT

#### Weekly Sessions and Drafts

|          |                |                   |
|----------|----------------|-------------------|
| Week 1:  | June 1-3       | Drafted May 23rd  |
| Week 2:  | June 6-10      | Drafted May 30th  |
| Week 3:  | June 13-17     | Drafted June 6th  |
| Week 4:  | June 20-24     | Drafted June 13th |
| Week 5:  | June 27-July 1 | Drafted June 20th |
| Week 6:  | July 5-8       | Drafted June 27th |
| Week 7:  | July 11-15     | Drafted July 4th  |
| Week 8:  | July 18-22     | Drafted July 11th |
| Week 9:  | July 25-29     | Drafted July 18th |
| Week 10: | August 1-5     | Drafted July 25th |

### FREMONT UNIFIED SCHOOL DISTRICT

#### Weekly Sessions and Drafts

|          |                |                    |
|----------|----------------|--------------------|
| Week 1:  | June 8-10      | Drafted May 30th   |
| Week 2:  | June 13-17     | Drafted June 6th   |
| Week 3:  | June 20-24     | Drafted June 13th  |
| Week 4:  | June 27-July 1 | Drafted June 20th  |
| Week 5:  | July 5-8       | Drafted June 27th  |
| Week 6:  | July 11-15     | Drafted July 4th   |
| Week 7:  | July 18-22     | Drafted July 11th  |
| Week 8:  | July 25-29     | Drafted July 18th  |
| Week 9:  | August 1-5     | Drafted July 25th  |
| Week 10: | August 8-10    | Drafted August 1st |

### MT DIABLO UNIFIED SCHOOL DISTRICT

#### Weekly Sessions and Drafts

|          |                |                    |
|----------|----------------|--------------------|
| Week 1:  | June 6-10      | Drafted May 30th   |
| Week 2:  | June 13-17     | Drafted June 6th   |
| Week 3:  | June 20-24     | Drafted June 13th  |
| Week 4:  | June 27-July 1 | Drafted June 20th  |
| Week 5:  | July 5-8       | Drafted June 27th  |
| Week 6:  | July 11-15     | Drafted July 4th   |
| Week 7:  | July 18-22     | Drafted July 11th  |
| Week 8:  | July 25-29     | Drafted July 18th  |
| Week 9:  | August 1-5     | Drafted July 25th  |
| Week 10: | August 8-9     | Drafted August 1st |

## REGISTRATION PROCESS

Registration for camp begins March 1, 2022 and will continue until programs are full. All registration is conducted at the sites by the Site Director. If your child is currently enrolled at a different YMCA Child Care site, email your paperwork to the summer camp site location. Your space in the program cannot be held until all paperwork is submitted and your Online billing account is set up and all deposits are paid in full.

## CANCELLATION POLICY

You must cancel 2 weeks prior to session start date. Please email Kristen Martinez at [kmartinez@ymcaeastbay.org](mailto:kmartinez@ymcaeastbay.org) to request a cancellation.

## DEPOSIT

At the time of registration a \$25 non-refundable deposit is due for each session of summer camp. Deposits are applied to the weekly session fee. **Payments must be scheduled to draft when you register.**

Payments will be scheduled to process for each camp week on the Monday prior to the camp session start date (see chart). If your payment is declined, a service charge of \$15 will be applied. An unpaid balance could result in a loss of deposit and loss of enrollment. If you lose your spot, you may be able to re-enroll only if there is space. A new deposit will be required.

Your scheduled payments will require a credit card or bank account number that is entered by you into our Online billing system.

### SAN RAMON VALLEY UNIFIED SCHOOL DISTRICT

#### Weekly Sessions and Drafts

|         |                |                   |
|---------|----------------|-------------------|
| Week 1: | June 6-10      | Drafted May 30th  |
| Week 2: | June 13-17     | Drafted June 6th  |
| Week 3: | June 20-24     | Drafted June 13th |
| Week 4: | June 27-July 1 | Drafted June 20th |
| Week 5: | July 5-8       | Drafted June 27th |
| Week 6: | July 11-15     | Drafted July 4th  |
| Week 7: | July 18-22     | Drafted July 11th |
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# YMCA OF THE EAST BAY CAMP POLICIES & PROCEDURES

## SUN BLOCK AUTHORIZATION

Please bring a bottle of sun block with your child's name on it. Your child is responsible for applying the sun block to themselves, but the staff is available to help apply sun block to their face. Please complete the Sun Block Authorization Form and return to your Site Director. On swim days we recommend using a swim shirt on top of a bathing suit for the best level of protection.

## HEALTHY EATING

Our approach to snacks is to provide a healthy and nutritious morning and afternoon snack following the YMCA of the USA's HEPA (Healthy Eating Physical Activity) Standards. We will serve whole grain products whenever possible, fruits or vegetables each day, and foods that are in season and fresh. We also use snack time as an opportunity to teach healthy portion sizes, awareness of one's hunger levels, and to introduce new foods. Snack time is a time when the children can socialize and enjoy nourishing food together with their friends. Please be sure to inform us if your child has allergies or dietary restrictions. We ask that you provide lunch, and a water bottle daily for your child. Please provide a lunch free of candy, gum, or other "treats."

## MEDICATIONS & OTHER MEDICAL NEEDS

If your child has special medical needs, please complete a medication administration form (included within the camp registration form) and submit it to the camp staff at sign-in to ensure proper dosage and administration. All medication must be in original containers and have an actual prescription included (even for over the counter medications).

## SPECIAL NEEDS

If your child has any special needs, please inform the Site Director at the time of registration. If your child requires an aide in their school classroom, the YMCA will also require an aide. On occasion, the Regional Center of the East Bay can reimburse the cost of a summer program aide. If you are interested in trying to arrange this, please contact us by May 1. If the YMCA cannot serve your child due to a lack of expertise or resources, we will try to recommend an alternate summer program.

## YOUTH PROTECTION STATEMENT

The YMCA is committed to the development, health and well-being of children and youth in our care. Any form of physical, emotional, mental or sexual abuse will not be tolerated. We have instituted policies, procedures, training and supervision requirements to create an organizational culture focused on the protection of all children and youth involved in YMCA programs and activities. For more information about our Child Abuse Prevention Policy please contact the Site Director.

## CHILD ABUSE PREVENTION AND REPORTING

The state requires that any suspected incidents of child abuse be immediately reported to the Department of Social Services for further investigation. All employees are mandated child abuse reporters. Parents are invited to visit programs at any times. We have an open door policy. We offer positive assistance and resources regarding the prevention of child abuse through workshops, printed materials and referrals to local agencies offering assistance.

## STAFF

We hire an experienced and enthusiastic staff team to help us provide a safe, active and enjoyable program for all involved. All staff are trained to work with children in a summer-specific environment, as well as trained in CPR/First Aid & Child Abuse Prevention. Criminal background checks and reference checks have been conducted on all staff. To ensure each child is supervised and cared for appropriately, the YMCA upholds a staff to child ratio for all programs.

*NOTE: It is common for your child to connect with a favored staff person throughout the summer. While the YMCA encourages mentoring relationships, it is YMCA policy that employees are not permitted to baby-sit for families enrolled in child care or camp. Please do not jeopardize the employment of the staff by asking them to baby-sit for your family.*

## CAMPER BEHAVIOR

All camp staff are trained in positive discipline techniques based on our YMCA character values. In the event of a behavioral problem, written reports will be completed and conversations will be held with the parents to try to resolve the issue. The camp philosophy is that the child will best be served in these situations by the camp staff and the family working together as a team to solve problems. The YMCA reserves the right to contact a parent/guardian at any time for immediate pick-up from camp if necessary. The YMCA may remove any camper from the program at the Director's discretion if problematic behavior continues. If your child has had problems with behavior at Y camp in the past, you will be notified before camp to set up a meeting. Behaviors that may result in disciplinary action include but are not limited to:

- Fighting
- Swearing
- Bullying Behaviors (verbal, physical or written intimidation or threats, including "Cyber-bullying")
- Shoving, pushing and/or other aggressive acts
- Disrespect for another person and/or property
- Harassment (verbal, physical, sexual)
- Throwing of objects (e.g., rocks)
- Violation of site rules and boundaries
- Vandalism





# YMCA OF THE EAST BAY CAMP POLICIES & PROCEDURES

## WHAT TO BRING EACH DAY TO CAMP

Please bring a backpack that includes:

1. Children will need to bring a prepared meal and utensils from home
2. No lunches will be heated or refrigerated
3. Children will need to bring their own water bottle, Water is provided
4. Children should bring a backpack with a change of clothing and sun block
5. No outside toys please

**\*\*Label All Belongings\*\***

## CAMPERS SHOULD NOT BRING TO CAMP

1. Valuables: video games, iPads, cell phones, money
2. Expensive clothing or jewelry
3. Clothing you cannot get wet, dirty, or play in
4. Trading cards, personal toys or games
5. Sandals or heels — closed-toed athletic shoes required

## LATE PICK-UP

If you are late to pick up your child, there will be a fee of \$25 per every 15 minutes per family. You will be requested to initial a payment record form to draft your primary form of payment for your late fee. If you are not the person picking up your child, you have until closing of the next business day to sign the form. Repeated instances of late pick-ups may result in termination of the camp agreement.

## CHECK-IN AND OUT PROCEDURES:

Upon arrival each child will have their temperature taken. Anyone with a temperature 100.4 or higher will not be allowed to stay in the program.

**Site Directors will communicate check-in and check out procedures prior to the start of summer camp.**

## Sick Child:

- If a child develops symptoms or a fever of 100.4 while in the program, the following will take place:
  - Child will be isolated immediately away from other children and staff. (But with supervision)
  - Parent will be called to be picked up immediately.
  - **CHILDREN MUST BE PICKED UP WITHIN 1 HOUR**

## LOCATIONS & CONTACT INFORMATION

### Albany Unified School District

**Cornell:** 920 Talbot Avenue, Albany, 94706  
P (510) 867-5229

### Castro Valley Unified School District

**Marshall:** 20111 Marshall Street, Castro Valley 94546  
P (510) 581-4996

### Fremont Unified School District

**Forest Park:** 34402 Maybird Circle, Fremont, 94555  
P (510) 793-2630

**Patterson:** 35521 Cabrillo Drive, Fremont, 94539  
P (925) 808-5287

### Mt Diablo Unified School District

**Strandwood:** 416 Gladys Drive, Pleasant Hill, 94523  
P (925) 674-1662

**Valhalla:** 530 Kiki Drive, Pleasant Hill, 94523  
P (925) 674-1676

**Woodside:** 761 San Simeon Drive, Concord, 94518  
P (925) 602-0114

### San Ramon Valley Unified School District

**Alamo:** 100 Wilson Road, Alamo, CA 94507  
P (925) 280-4927

**Golden View:** 5025 Canyon Crest Drive, San Ramon, 94582  
P (925) 735-3981

**For more information, please contact Kristen Martinez,  
[kmartinez@ymcaeastbay.org](mailto:kmartinez@ymcaeastbay.org).**

**[www.ymcaeastbay.org](http://www.ymcaeastbay.org)**

